



Drying clothes inside

The inside scoop

Drying laundry inside can increase damp in a home by up to 30%, increase the risk of the laundry taking longer to dry, and heighten the chance of picking up pesky odours. Here are some top tips to avoid this happening while drying clothes inside:

Do:

- An extra spin: Give laundry a good spin and an extra shake when removing it from the washing machine to extract surplus water and damp.
- Where: Use a drying rack or clothes horse and place it in a bright area of the room.
- Open a window: Hang your laundry to dry in a well-ventilated room to allow air to circulate the laundry and dispel any moisture build up.
- Doors: Keep the door of the room you are drying laundry in closed. This will prevent moisture from travelling to different rooms in your home.
- Heating: Keep a low, constant room temperature while drying laundry to help speed up the drying process and avoid moisture building up.
- Storage: Always make sure items are thoroughly dried out before putting them away. This will prevent mould and mildew from growing in areas with poor circulation such as wardrobes and drawers. It will also keep clothes fresh for longer.

Don't

- Where: Don't dry clothes on radiators. It increases moisture in the air which can lead to damp conditions where mould spores thrive - posing health risks. It can also hike up your energy bills due to the increase in power consumption.
- Avoid drying laundry in rooms where you spend the most time such as your bedroom to reduce the risk of damp or mould.
- Avoid drying laundry in the bathroom - this is already a damp room.
- Spacing: Avoid layering too many clothes in the same part of the airer as this can delay the drying process.
- Overload: Don't overfill your washing machine. Squashing clothes in together will leave them damper at the end of the wash and, ultimately, they will take longer to dry.